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ABN: 15 156 346 454

Registered Association A0054384S

Gym Rules

As gymnasts and coaches, we take pride in the Club and our equipment. Please do so too

- 1. Anyone not in a class must not be on the gym floor
- 2. Gymnasts must only use equipment under a coaches supervision.
- 3. Gymnasts must not use equipment before or after class
- 4. Gymnasts must respect their coaches.
- 5. Gymnasts must respect each other
- 6. Yelling or shrieking is distracting and is not permitted in the gym.
- 7. Gymnasts must ask their coach before leaving the class including going to get a drink or going to the toilet.
- 8. Gymnasts must not enter the office unless instructed.
- 9. Hair must be tied back and appropriate clothing worn to class.
- 10. No Jewellery is to be worn during training or competitions

And always remember to try your best and have fun.



