



Gym Rules

Last amended: 23/1/2012, Committee
Approved: 23/1/2012 Committee

- 1. Children not in class must be under constant supervision of their parent or caregiver.**
- 2. Anyone not participating in a class must not be in the gym, except in the Parent Area.**
- 3. Gymnasts must only use equipment under a coach's supervision.**
- 4. Gymnasts must listen and respect coaches and other gymnasts.**
- 5. Yelling or shrieking is distracting and is not allowed in the gym.**
- 6. Gymnasts must ask their coach before leaving the class including going to get a drink or going to the toilet.**
- 7. Gymnasts must not enter the office or kitchen without permission.**
- 8. Hair must be tied back; appropriate clothing and no jewellery.**
- 9. No food or drinks are permitted in the gym except water**
- 10. Gymnasts must not take mobile phones onto the gym floor**