



Codes of Conduct

Last amended: 5/04/10, Alan Keating
Approved: 6/12/10, Committee

Gymnasts should:

- Support and obey the gym safety rules at all times.
- Be polite and courteous to all other gymnasts, parents, coaches and staff
- Notify coaches of any injury or illness which might affect their ability to train or perform skills safely
- Leave shoes and bags in the changing rooms/shoe boxes and put water bottles in the class's bottle holder.
- Report any hazards or risks to a Coach or the Club Management as soon as possible.
- Work hard and have fun.
- Consider any gymnastic partners or groupings when deciding whether or not to attend training, competitions or events.
- Dress appropriately for training, including hair tied back and no jewellery.
- Be a good sport, applauding good performances by your team mates and participants from other clubs.
- Cooperate with your team, coach and opponents.
- Show respect to, and acknowledge your opponents and officials.
- Participate for your own enjoyment and benefit, not to please others.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.
- Have a knowledge of relevant club policies and adhere to them

Parents and Visitors should:

- Obey the gym safety rules at all times
- Be polite and courteous to all other gymnasts, parents, coaches and staff
- Notify coaches of any injury or illness which might affect their gymnast's ability to train or perform skills safely
- Notify the Club in advance of absence from a class/training session
- Notify the Club if running late for a class or pick-up.
- Wait in Parent's Corner/Spectator area unless invited onto the floor by a coach
- Pay fees for classes, competitions, uniform or other events on time
- Reply to requests for information promptly
- Report any hazards or risks to a Coach or the Club Management as soon as possible
- Consider any gymnastic partners or groupings when deciding whether or not to attend training, competitions or events.
- Drop gymnasts off and collect them from the gymnasium area of the building, not from the car park or street.
- Advise the club if a gymnast may require medication during class (inhaler, epipen etc), provide an action plan and give medication to the coach at the beginning of each class.
- Advise the club of any conditions or circumstances which could affect the gymnast's ability to train or perform.
- Encourage gymnasts to respect the rules
- Respect officials decisions and encourage gymnasts to do likewise
- Show appreciation for volunteers and assist where you can
- Encourage participation, but do not force it.

- Focus on effort and performance rather than medals or scores.
- Applaud good performance and efforts of both your team and the opposition regardless of results
- Respect the rights, dignity and worth of every young person regardless of gender, ability, cultural background or religion.
- Have a knowledge of relevant club policies and adhere to them

Coaches should:

- Act as role models for other club members.
- Arrive at the gym prior to the start time for their classes
- Be clean, tidy and well-presented and wear a club Coach t-shirt while coaching
- Leave any area of the gym fully packed away at the end of a class/training session
- Attend all coach meetings, or advise the club as soon as possible if unable to be present.
- Check email and pigeon holes regularly and reply promptly to requests for information.
- Be polite and courteous to gymnasts, parents, visitors and all other gym staff.
- Ensure all training is safe and appropriate for all the gymnasts.
- Be fully aware of the emergency plan and their role within it.
- Promote a positive, safe, culturally tolerant and friendly environment in which to train and pursue gymnastic goals.
- Report all serious risks, hazards, incidents or injuries to the Club Management immediately.
- Notify the Club at least 3 days in advance of any inability to attend a scheduled session (unless due to illness).
- Report any unsafe practices observed in the gym to Club Management at the earliest possible time
- Promote teamwork and fair play towards other team members, other teams and officials.
- Keep up-to-date with coaching practices and qualifications, and commit to continuing coaching education and learning.
- Give all their best to all gymnasts, regardless of their aptitude
- Create opportunities for gymnasts to learn appropriate sportsmanship as well as basic skills
- Operate in the spirit of the rules, and encourage your gymnasts to do the same
- Ensure that physical contact with a gymnast is appropriate to the situation and necessary for skill development and safety
- Respect the rights, dignity and worth of all participants regardless of gender, ability, cultural background or religion.
- Be aware of their position of influence and ensure that relationships and physical contact with gymnasts are appropriate.
- Maintain confidentiality regarding issues relating to students and of a personal nature but seek assistance or advice from a senior coach or committee member if required.
- Have a knowledge of all relevant club policies and adhere to them

Judges should:

- Be true to the judges' oath
- Apply rules and regulations to match the skill levels and needs of young people and to make participation more fun
- Compliment and encourage all gymnasts.
- Be consistent, objective and courteous
- Condemn unsporting behaviour and promote respect for all
- Place the safety and welfare of the participants above all else
- Promote a culturally tolerant environment
- Implement policy and practices in relation to responsible use of alcohol and in relation to recreational and performance enhancing drugs
- Ensure all equipment and facilities meet safety standards and are appropriate to the age and ability of all gymnasts

- Respect the rights, dignity and worth of all participants regardless of gender, ability, cultural background or religion.

Administrators

- Act as role models for all members of the club.
- Provide and promote exceptional customer service at all times.
- Make the club environment user friendly by providing equal opportunities to all participants.
- Create pathways for young people to participate in sport as athletes, judges, coaches and administrators.
- Ensure that the types of programmes, rules, equipment and training times are modified to suit the age, ability and maturity levels of young participants.
- Ensure that everyone emphasises participation and improvement, not only scores
- Publicise the codes of conduct and encourage adherence.
- Maximise child safety by conducting volunteer screenings and other child-protection strategies
- Implement policies and practices in relation to responsible use of alcohol, and in relation to recreational and performance enhancing drugs.
- Adopt and implement relevant sport safety policies and practices
- Promote a culturally tolerant environment
- Listen to gymnasts and staff and involve them in decisions, leadership, planning and evaluation related to the club.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.
- Have a knowledge of all relevant club policies and adhere to them